

PARADISE PARASITE CLEANSE

**The Quick and Easy for Shifting Your Gut
Terrain & Bringing Balance to Your Microbiome**



First off, Give yourself some gratitude for taking initiative and embarking on the first step in regenerative detoxification.

The Paradise Parasite Cleanse is designed to shift your terrain by shifting your patterns and incorporating practices that cultivate mastery over the little critters that have taken over your body and trouble your mind of food desires/addictions.

Who's in charge of your body?

You are!!

I'm here to remind you...and it's your responsibility to embody.

Keep in mind, this is simply an opening to a much larger journey, if you choose to embark on follow-up adventures to assess your weaknesses and strengthen them!!

The first principle in regenerative healing is addressing the environment, and one of the first steps we take to shift the internal terrain is a parasite cleanse.

Welcome.

A photograph of a whole pineapple with its green crown of leaves resting on a light-colored sandy beach. In the background, the ocean waves are breaking gently onto the shore, creating white foam. The sky is not visible, but the overall scene is bright and natural.

Ignite the Healer Within Principles

**Environment - Cultivate the Conditions
for the Results You Desire**

**Facilitate Communicate - Strengthen
Nervous and Glandular Systems**

**Assess & Strengthen Weaknesses -
Open Channels of Elimination**

**Facilitate Flow - of the Circulatory
System made of Lymph, Blood, and Chi**

**Breathe - tap into the breath of life and
allow Breath to Breathe you**

01

**It's wise to
"prep the soil"
for your cleanse
so as to set
yourself up for
as much ease
and grace as
you can...**

Prep for your cleanse

02

**You're going to want it while
you're sitting on the toilet,
releasing some of the most foul
smells you've ever experienced...
As they say, Better Out Than In!!
Trust me...you want to get it out.**

03

**It's liberating... can you
even imagine what it's
like for all your trillions of
cells that depend on a
clean, and breathable,
terrain!!**



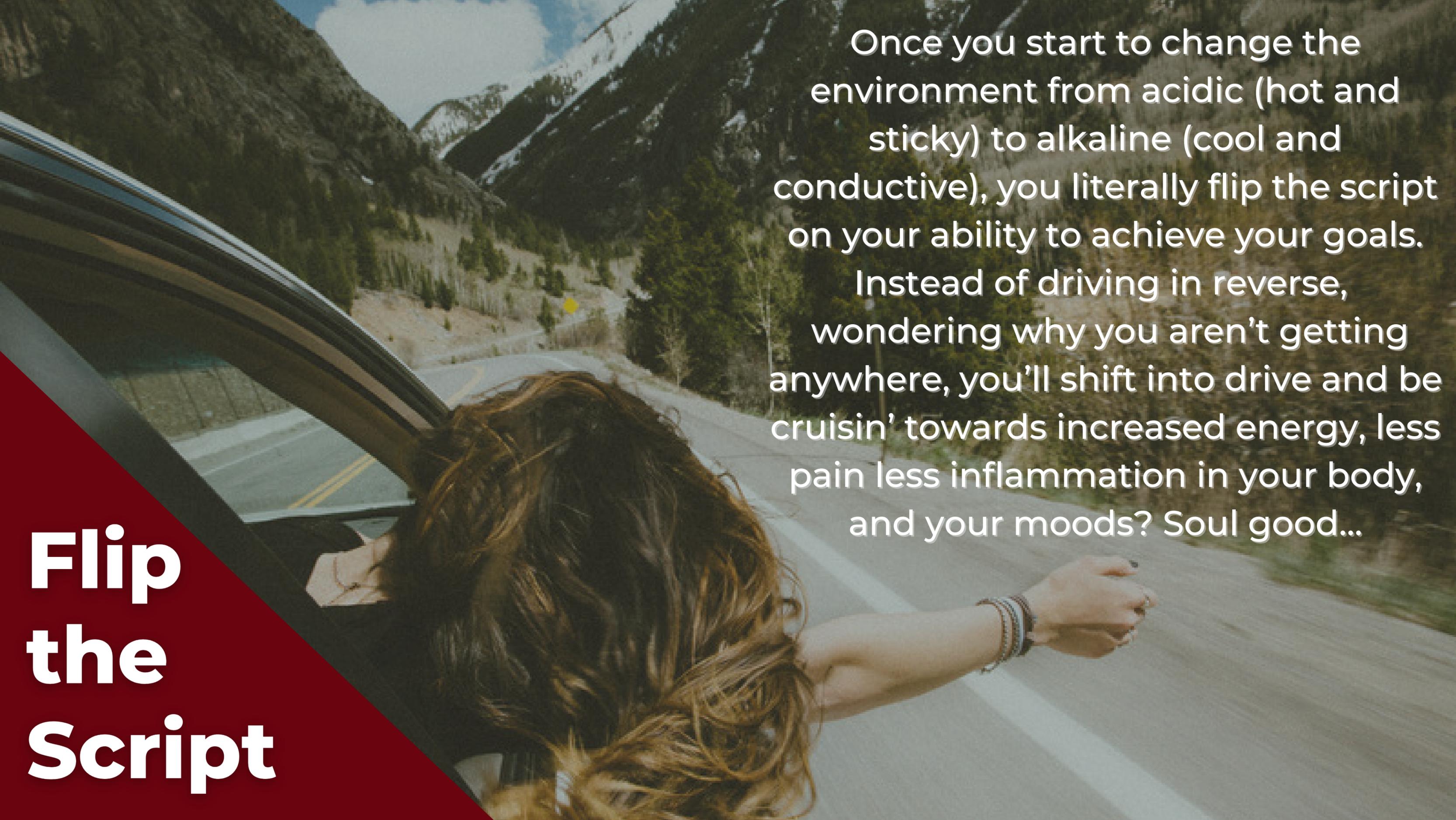
Just imagine being able to change an environment from one that is hot and sticky, where stagnant waters are breeding who knows what...which lowers the conductivity in your body. This leaves your organs and glands to function more like the creepy, partially-lit sign on a neglected storefront..



harmacy

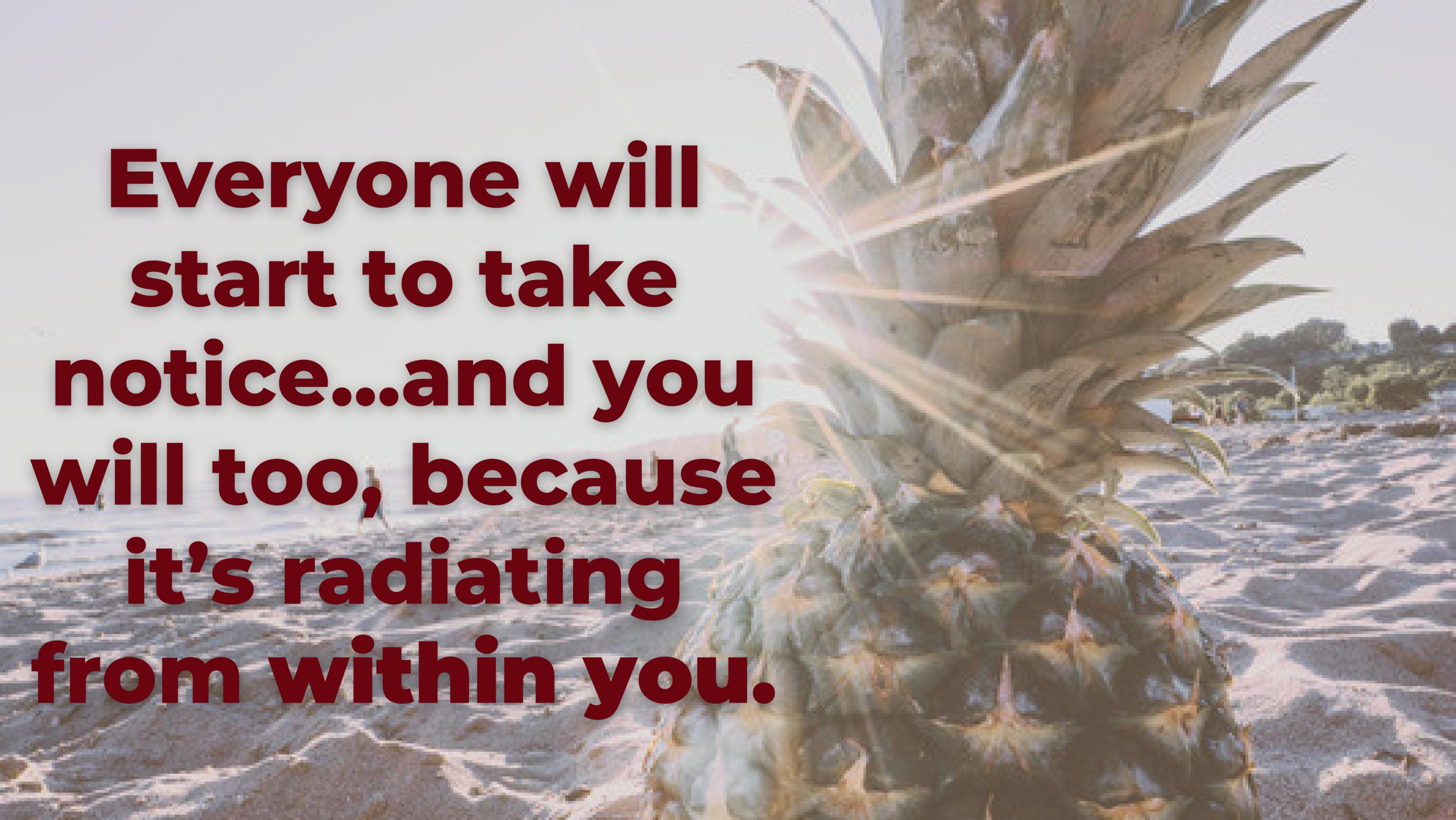


Foul...

A woman with long, wavy brown hair is leaning out of the open window of a car. She is wearing a black top and several bracelets on her left wrist. The car is on a paved road that winds through a mountainous landscape with green trees and some snow-capped peaks in the distance. The sky is blue with some clouds. The overall scene is bright and scenic.

Once you start to change the environment from acidic (hot and sticky) to alkaline (cool and conductive), you literally flip the script on your ability to achieve your goals. Instead of driving in reverse, wondering why you aren't getting anywhere, you'll shift into drive and be cruisin' towards increased energy, less pain less inflammation in your body, and your moods? Soul good...

**Flip
the
Script**

A large agave plant with thick, pointed leaves is in the foreground, slightly out of focus. In the background, a coastal scene is visible with a sandy beach, blue water, and some buildings under a clear sky.

**Everyone will
start to take
notice...and you
will too, because
it's radiating
from within you.**

Tips for a Successful Cleanse



"If I could live my life over again, I would devote it to proving that germs seek their natural habitat—diseased tissue—rather than being the cause of dead tissue. In other words, mosquitoes seek the stagnant water, but do not cause the pool to become stagnant" ~ Dr. Rudolph Virchow, the Father of Modern Pathology

**- MINDSET IS #1 -
SHIFT FROM THINKING
YOU HAVE TO KILL ANYTHING.
INSTEAD, CULTIVATE LISTENING
WITH LOVING PRESENCE.
IT IS A PRACTICE.**



**rest,
relax,
release #2**

#3 CLEAN HUMAN FUEL

**LIVING
LOCAL
LIQUID**

**& FULL-
SPECTRUM
OF LIGHT
(FRUITS!!)**



#4

PARADISE PARASITE CLEANSE PACKAGE



#4

PARADISE PARASITE CLEANSE PACKAGE

**NEUTRALIZE TOXINS AND
STRATEGICALLY CATCH & RELEASE
A WIDE VARIETY OF MICROBES
INHIBITING YOUR LIFEFORCE**



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**STRENGTHENING THE ELIMINATIVE
CHANNEL PREDOMINANTLY
RESPONSIBLE FOR THEIR REMOVAL
- THE COLON.**



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**FACILITATE FLOW OF THE
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**FACILITATE FLOW OF THE
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**NOURISH THE NERVOUS SYSTEM &
STRENGTHEN COMMUNICATION
THROUGHOUT THE BODY, BALANCE
HORMONES AND UPLIFT THE MOOD**

#4

**& RECONNECT
TO YOUR
INNER
AUTHORITY**



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THROUGHOUT THE BODY, BALANCE
HORMONES AND UPLIFT THE MOOD**

You'll receive:



You'll receive:

**One moon cycle supply
of herbal remedies**



You'll receive:

**One moon cycle supply
of herbal remedies**

1 oz Self Heal essence



You'll receive:

**One moon cycle supply
of herbal remedies**

1 oz Self Heal essence

**Getting Started
Guide**



You'll receive:

**One moon cycle supply
of herbal remedies**

1 oz Self Heal essence

**Getting Started
Guide**

**You can also choose to receive a gentle guidance email
flow for connected support throughout your cleanse**

You'll receive:

**One moon cycle supply
of herbal remedies**

1 oz Self Heal essence

**Getting Started
Guide**



**Package deal
\$144**

**Full Moon
Cycle Support**

**You can also choose to receive a gentle guidance email
flow for connected support throughout your cleanse**

REMEDIES

ONE
LUNAR CYCLE
SUPPLY

SKEDADDLE + GI BROOM
+ ALIMENTARY CANAL (2 options)
+ SELF-HEAL ESSENCE
+ NEVALITE CRYSTALS



SKEDADDLE!

Designed to create an inhospitable environment for little buggers and parasites.

May result in lower food bills.

***It is highly encouraged to couple this formula with our GI broom formula, which assists in trapping and eliminating waste, and potentially with an Alimentary Canal formula to assist in restoring your GI tract.**



SKEDADDLE!

Pau d'Arco

Black Walnut Hulls

Nigella

Wormwood

Clove

Birch bark

**& "Tick Recovery" formula by
Samsara Herbs - I use b/c it is a
cross-spectrum herbal anti-biotic**

- **Japanese Knotweed**
- **Sida Acuta**
- **Cat's Claw**
- **Dokudami**
- **Stevia**



GI BROOM

Designed to capture, contain, deodorize and eliminate toxic waste from the deep spaces of the bowel.

**Psyllium Husk
Activated Charcoal**

Directions for use: Mix 1 heaping tsp of GI Broom with 6-8 fl oz of juice or water. Stir and let mixture sit until it thickens (3-5 minutes) to a pudding consistency. Can add more GI Broom mixture or liquid to accomplish desired consistency. Using grape juice tastes just like grape jelly!



ALIMENTARY CANAL I

sooth, tone, strengthen

Designed to soothe and nourish the mucosa of the body, specifically targeting the alimentary canal (running from your mouth to your anus) and assists in the processes of digestion and assimilation of nutrients by healing the terrain for a healthy microbiome.



ALIMENTARY CANALI

sooth, tone, strengthen

Slippery Elm
Marshmallow
Gentian
Wild Yam
Chickweed
Mullein



ALIMENTARY CANAL II

strengthen, tone, and move

**Same base as the
previous formula. This
formula also has mild
moving actions to assist
with mild cases of
constipation.**

**Slippery Elm
Marshmallow
Gentian
Wild Yam
Chickweed
Mullein**

**+ Galangal
+ Buckthorn bark**



SELF-HEAL ESSENCE

**Taps you into
your inner
authority and
guides you to
trust yourself
again.**



MONTMORILLONITE CRYSTALS

Super alkaline, Tesla crystal

**Conductivity to synergize your
whole system**

**add to water to drink "cloud
water"**

**brush teeth with nevalite to
remineralize teeth**



**I'd love to support you
on your cleanse to
Paradise!**

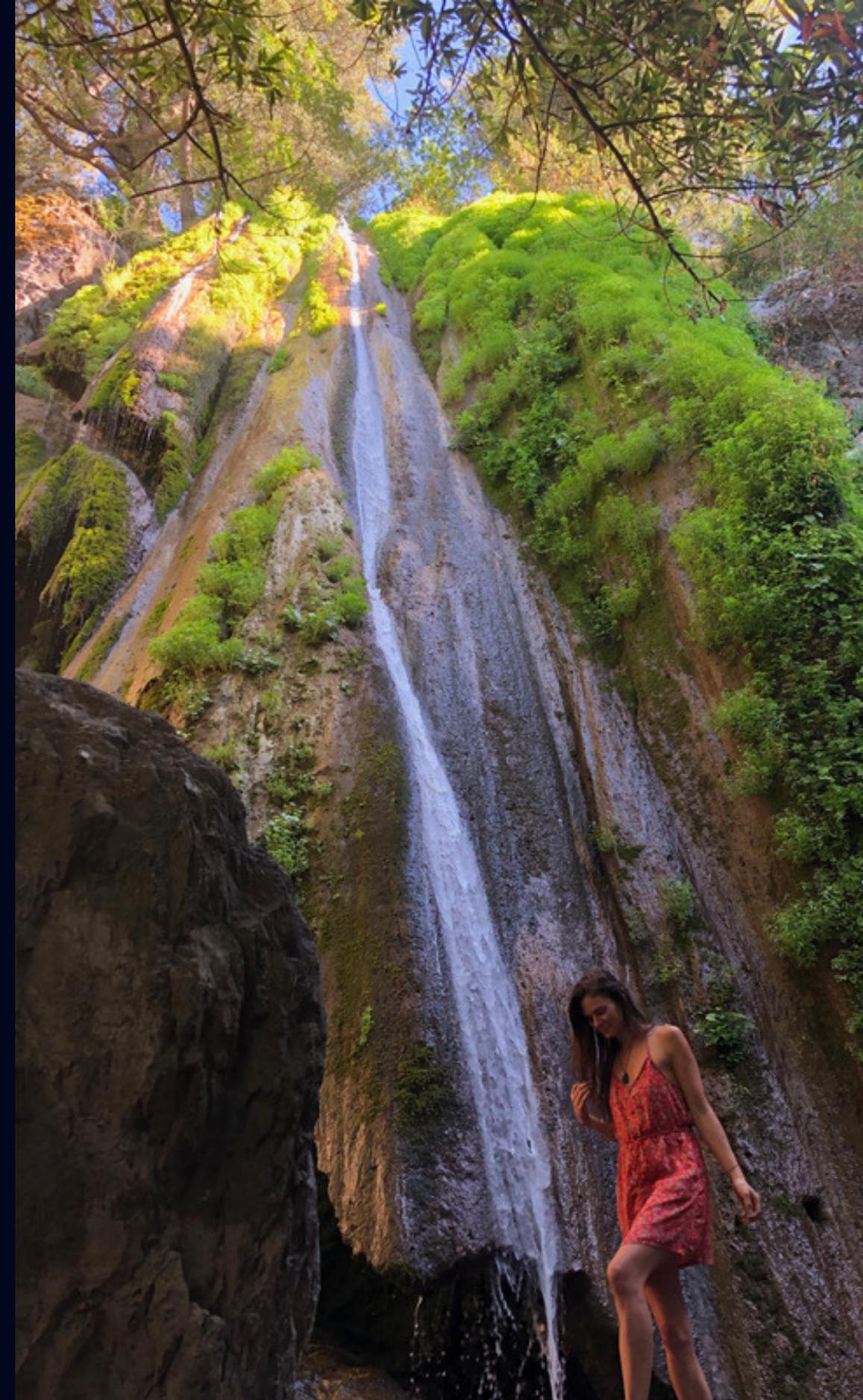
**I'm on a mission to
Ignite the Healer Within
each and everyone, it's
universal healthcare!**



Brit's had to reclaim and regain her health on many occasions...

Unconscious to the effects of anti-biotics as a child, she was treated for acne and took them consistently for 12 years, along with many other medications that attempted to control and regulate her hormones, brain chemistry, gut health and overall vitality.

Upon awakening to the travesties of today's society, she traveled the world to explore solutions. She thought she was going to heal the world, and she found out she had to start with herself.



After being ridiculed by doctors, she took matters into her own hands and chose to Ignite the Healer Within...and hasn't turned back!

She's studied with Dr. Robert Morse of the International School of Detoxification, lived with aspiring Immortals in a Rebirthing Breathwork Center, is attuned to the lineage of Shambhala Reiki, and has mentored with a variety of herbalists and natural healers.

Through these experiences, she's observed a pattern and created a system for regenerating the body, the earth, and relationships that she shares to Ignite the Healer Within you.





She currently lives a nomadic lifestyle with her partner, following the harvest of wild foods, flowers, and hotspings.

**MORE RESOURCES FOR
YOUR SUCCESSFUL
JOURNEY WILL BE
PROVIDED UPON
SIGNUP!**

READY TO START?

**JOIN US IN
PARADISE**

